Unipolar Hemiarthroplasty, Bipolar Hemiarthroplasty, or Total Hip Arthroplasty for Hip Fracture in Older Individuals

Kanu Okike, MD, MPH, Heather A. Prentice, PhD, Priscilla H. Chan, MS, Brian H. Fasig, PhD, Elizabeth W. Paxton, PhD, Joseph Bernstein, MD, MS, Jaimo Ahn, MD, PhD, and Foster Chen, MD

Investigation performed at Medical Device Surveillance and Assessment, Kaiser Permanente, San Diego, California, and the Hawaii Permanente Medical Group, Honolulu, Hawaii

Background: Practice patterns regarding the use of unipolar hemiarthroplasty, bipolar hemiarthroplasty, and total hip arthroplasty (THA) for femoral neck fractures in older patients vary widely. This is due in part to limited data stipulating the specific circumstances under which each form of arthroplasty provides the most predictable outcome. The purpose of this study was to investigate the patient characteristics for which unipolar hemiarthroplasty, bipolar hemiarthroplasty, or THA might be preferable due to a lower risk of all-cause revision.

Methods: A U.S. health-care system's hip fracture registry was used to identify patients \geq 60 years old who underwent unipolar hemiarthroplasty, bipolar hemiarthroplasty, or THA for hip fracture from 2009 through 2021. Unipolar and bipolar hemiarthroplasty were compared with THA within patient subgroups defined by age (60 to 79 versus \geq 80 years) and American Society of Anesthesiologists (ASA) classification (I or II versus III); patients with an ASA classification of IV or higher were excluded. Multivariable Cox proportional hazard regression analysis was used to evaluate all-cause revision risk while adjusting for confounders, with mortality considered as a competing risk.

Results: There were 14,277 patients in the final sample (median age, 82 years; 70% female; 80% White; 69% with an ASA classification of III; median follow-up, 2.7 years), and the procedures included 7,587 unipolar hemiarthroplasties, 5,479 bipolar hemiarthroplasties, and 1,211 THAs. In the multivariable analysis of all patients, both unipolar (hazard ratio [HR] = 2.15, 95% confidence interval [CI] = 1.48 to 3.12; p < 0.001) and bipolar (HR = 1.92, 95% CI = 1.31 to 2.80; p < 0.001) hemiarthroplasty had higher revision risks than THA. In the age-stratified multivariable analysis of patients aged 60 to 79 years, both unipolar (HR = 2.17, 95% CI = 1.42 to 3.34; p = 0.004) and bipolar (HR = 1.69, 95% CI = 1.08 to 2.65; p = 0.022) hemiarthroplasty also had higher revision risks than THA. In the ASA-stratified multivariable analysis, patients with an ASA classification of I or II had a higher revision risk after either unipolar (HR = 3.52, 95% CI = 1.87 to 6.64; p < 0.001) or bipolar (HR = 2.31, 95% CI = 1.19 to 4.49; p = 0.013) hemiarthroplasty than after THA. No difference in revision risk between either of the hemiarthroplasties and THA was observed among patients with an age of ≥80 years or those with an ASA classification of III.

Conclusions: In this study of hip fractures in older patients, THA was associated with a lower risk of all-cause revision compared with unipolar and bipolar hemiarthroplasty among patients who were 60 to 79 years old and those who had an ASA classification of I or II.

Level of Evidence: Therapeutic Level III. See Instructions for Authors for a complete description of levels of evidence.

A rthroplasty is the standard of care for the treatment of displaced femoral neck fractures in the older patients¹. However, controversy remains with regard to the specific type of arthroplasty procedure that should be performed. Specifically, unipolar hemiarthroplasty, bipolar hemiarthroplasty, and total hip arthroplasty (THA) are all reasonable treatment options in this patient population^{2,3}.

Disclosure: No external funding was received for this work. The **Disclosure of Potential Conflicts of Interest** forms are provided with the online version of the article (http://links.lww.com/JBJS/H769).

While unipolar hemiarthroplasty is a reliable treatment option for displaced femoral neck fractures in the older population, there are concerns that acetabular erosion could limit the durability of the operation, especially in individuals who live longer or are more active. To reduce the risk of acetabular erosion, bipolar hemiarthroplasty devices—which feature an internal articulation between the femoral stem and prosthetic head—were developed⁴⁻⁶, although studies have been equivocal with regard to clinical outcomes and reoperation rates^{3,7-10}. THA is theoretically the most durable option following hip fracture in older individuals and has been gaining in popularity, especially for more active patients, but it has been associated with an increased risk of complications including dislocation¹²⁻¹⁷.

There is likely no single best arthroplasty procedure for the treatment of displaced femoral neck fractures in older patients^{2,12,18,19}. Instead, the optimal procedure likely varies based on patient characteristics. However, formal guidelines stipulating the specific circumstances under which one operation might be preferred over another are lacking^{20,21}. In the absence of clear recommendations, practice patterns currently vary widely with regard to the use of unipolar hemiarthroplasty, bipolar hemiarthroplasty, and THA in the management of displaced femoral neck fractures in the older population^{22,23}.

The purpose of this study was to investigate the patient characteristics for which unipolar hemiarthroplasty, bipolar hemiarthroplasty, or THA might be preferable based on a lower risk of all-cause revision.

Materials and Methods

Study Design and Sample

A retrospective cohort study was conducted using data from the Kaiser Permanente Hip Fracture Registry. This integrated health-care system includes over 12 million members in 8 geographical regions throughout the U.S.²⁴. Members of the health-care system have previously been found to be representative of the geographical areas included²⁵⁻²⁷. This study was approved by the Kaiser Permanente institutional review board prior to commencement.

Patients \geq 60 years of age who underwent hemiarthroplasty or THA for treatment of a hip fracture from 2009 through 2021 were identified. Cases were excluded if they involved bilateral hip fracture, pathologic fracture, open fracture, polytrauma, additional procedures during the hospitalization, or prior surgery on the affected hip. Patients with a history of metastatic cancer, paralysis, or an American Society of Anesthesiologists (ASA) classification of IV or higher were also excluded given that THA is rarely indicated in patients with these conditions. In addition, patients were excluded if they had received a femoral stem usually used in the infection or revision setting or a non-conventional THA (e.g., ceramic on ceramic, metal on metal, constrained, or dual mobility) (Fig. 1).

Data Source

Details regarding the variables, data collection procedures, and coverage of the registry have been published previously²⁸⁻³⁰. Briefly, the patient-, procedure-, implant-, surgeon-, and hospital-related



Fig. 1

121

Study sample flowchart. THA = total hip arthroplasty, COC = ceramic on ceramic, and MOM = metal on metal.

information for all hip fracture procedures performed within the integrated health-care system is collected, along with data from the electronic health record (EHR) as well as administrative claims data, membership data, and mortality records. There were no formal guidelines or policies in place across the Kaiser Permanente system regarding surgical management of hip fractures in patients during the data collection period. Outcomes are prospectively monitored using validated electronic screening algorithms within the EHR. The registry collects information on procedures performed in the Hawaii, Northern California, Northwest, and Southern California regions, where care is performed in institution-owned hospitals.

Exposure of Interest

The primary exposure was arthroplasty type (unipolar hemiarthroplasty, bipolar hemiarthroplasty, or THA).

Outcome of Interest

The primary outcome measure was revision for any reason. Revisions were defined as any reoperation following the index procedure where the original implant was removed or replaced. Dislocations requiring closed reduction only were not included. All cases in the registry are longitudinally monitored for revision until either membership termination or death. Mortality was considered as a competing event and validated using Social Security Administration data.

Covariates

Covariates included gender, body mass index (BMI), race/ ethnicity (Asian, Black, Hispanic, Other, or White as selfreported by patients in the integrated health-care system), smoking status, diabetes, Elixhauser medical comorbidities^{31,32}, UNIPOLAR/BIPOLAR HEMIARTHROPLASTY OR TOTAL HIP ARTHROPLASTY FOR HIP FRACTURE IN OLDER INDIVIDUALS

time from admission to surgery (categorized as <24 or ≥ 24 hours), anesthesia type (general, regional, or mixed), cement use, and operative time.

Effect Modification

Age (60 to 79 versus \geq 80 years) and ASA classification (I or II versus III) were considered potential effect modifiers in the association between procedure and revision risk. Analyses were therefore stratified by age and ASA classification.

TABLE I Characteristics of 14,277 Patients Who Underwent Treatment for Hip Fracture within a U.S.-Based Health-Care System from 2009 Through 2021*

Characteristic	Unipolar	Bipolar	THA	SMD†
Total no.	7,587	5,479	1211	
Patient factors				
Age				
Mean (SD) (yr)	82.4 (8.3)	82.0 (8.3)	71.3 (7.5)	0.940
No. (%) of patients in age groups				
60-79 yr	2,530 (33.3)	1,961 (35.8)	1,034 (85.4)	
≥80 yr	5,057 (66.7)	3,518 (64.2)	177 (14.6)	
Maleŧ	2,284 (30.1)	1,657 (30.2)	399 (32.9)	0.041
ASA classification of III [‡]	5,538 (73.0)	3,861 (70.5)	499 (41.2)	0.450
BMI§ (kg/m ²)	23.8 (4.6)	24.1 (4.6)	25.5 (4.5)	0.252
Race/ethnicity*				0.156
Asian	497 (6.6)	421 (7.7)	89 (7.3)	
Black	327 (4.3)	199 (3.6)	30 (2.5)	
Hispanic	482 (6.4)	620 (11.3)	104 (8.6)	
Other	30 (0.4)	35 (0.6)	12 (1.0)	
White	6,251 (82.4)	4,204 (76.7)	976 (80.6)	
Smoking status†				0.098
Never	4,087 (53.9)	3,018 (55.1)	660 (54.5)	
Quit/former	2,918 (38.5)	2,058 (37.6)	418 (34.5)	
Smoker	461 (6.1)	304 (5.5)	104 (8.6)	
Missing	121 (1.6)	99 (1.8)	29 (2.4)	
Surgical factors				
Time to surgeryŧ				0.065
<24 hours	4,682 (61.7)	3,506 (64.0)	801 (66.1)	
≥24 hours	2,864 (37.7)	1,950 (35.6)	403 (33.3)	
Missing	41 (0.5)	23 (0.4)	7 (0.6)	
Anesthesia†				0.224
General	3,929 (51.8)	2,458 (44.9)	430 (35.5)	
Mixed (regional and general)	234 (3.1)	184 (3.4)	59 (4.9)	
Regional	3,401 (44.8)	2,820 (51.5)	719 (59.4)	
Missing	23 (0.3)	17 (0.3)	3 (0.2)	
Femoral head size <36 mm [‡]	_	_	512 (42.3)	
Cement used†	4,305 (56.7)	3,167 (57.8)	196 (16.2)	0.635
Operative time§ (min)	73.9 (24.4)	77.5 (24.3)	95.5 (33.6)	0.498

*ASA = American Society of Anesthesiologists, BMI = body mass index, SD = standard deviation, SMD = standardized mean difference. Missing: BMI = 96 (0.7%), operative time = 294 (2.1%). †Values in bold indicate an SMD of >0.2, which indicates imbalance in the covariate between study groups. †The values are given as the number (percent). §The values are given as the mean (SD).

TABLE II All-Cause Revision Following Treatment of Hip Fracture*						
	Crude 5-Year Incidence of All-Cause Revision† (no. [%])	Adjusted HR† (95% CI)	P Value§			
Unipolar hemiarthroplasty	275 (4.0)	2.15 (1.48-3.12)	<0.001			
Bipolar hemiarthroplasty THA	173 (3.5) 34 (3.3)	1.92 (1.31-2.80) Ref.	<0.001			

*HR = hazard ratio, CI = confidence interval. †Calculated as the crude incidence at 5-year follow-up using the Aalen-Johansen estimate. ‡Cox proportional hazard regression model adjusted for age, gender, BMI, race/ethnicity, ASA classification, deficiency anemias, fluid and electrolyte disorders, peptic ulcer disease/bleeding, valvular disease, anaesthesia, and cement fixation, and including a random intercept for operating surgeon. §P < 0.05 indicates significance (in bold).

Statistical Analysis

Means and standard deviations (SDs) or frequencies and percentages were used to describe the study sample. The standardized mean difference (SMD) for each covariate across study groups was determined; SMD > 0.2 implied imbalance. Revisions were modeled as the time to the event using survival analysis techniques. Follow-up time was defined as the time from the index procedure to revision for those who experienced that event, and as the time from the index procedure to the date of death, health-care membership termination, or study end date (December 31, 2021), whichever came first, for those who did not undergo a revision. Death was treated as a competing event, whereas membership termination and study end date were censoring events. Crude cumulative cause-specific revision incidence was calculated using the Aalen-Johansen estimate. Cause-specific multiple Cox proportional hazard regression was used to evaluate risk of revision during follow-up. Regression models were adjusted for gender as well as all covariates that had an SMD of >0.1 and were also associated with the outcome (p < 0.1). A random intercept at the surgeon level was included, which allowed for adjustment by surgeon performance and experience. THA was the reference in all models; pairwise comparisons between unipolar and bipolar hemiarthroplasty were also performed. Hazard ratios (HRs) and 95% confidence intervals (CIs) were reported. The proportional hazard assumption for the exposure variable was checked by the proportionality test and met. Missing values for categorical covariates were modeled as a separate group, while missing values for continuous covariates were imputed with the mean and included a missing indicator. P < 0.05 represented significance, and all tests were 2-sided. Analyses were performed using R version 3.6.2 (R Foundation for Statistical Computing).

Results

T he study sample (median age, 82 years; 70% female; 80% White; 69% with an ASA classification of III) included 14,277

procedures performed by 533 surgeons at 35 hospitals, including 7,587 unipolar hemiarthroplasties, 5,479 bipolar hemiarthroplasties, and 1,211 THAs. Patient characteristics are presented in Table I; comorbidity information is presented in the Appendix. In comparison to patients who underwent hemiarthroplasty, those who underwent THA tended to be younger and have fewer medical comorbidities. The THA procedures were more commonly performed under regional anesthesia, took longer, and used cement less frequently compared with the other 2 procedures (Table I).

The median follow-up was 2.7 years (interquartile range [IQR] = 0.9 to 5.1 years), with 6.3% of the patients lost to follow-up through membership termination at a median of 1.9 years (IQR = 0.7 to 4.0 years). The overall mortality rate was 4.2% at 30 days and 17.6% at 1 year.

All-Cause Revision

In the adjusted analysis of all patients, we observed a higher risk of all-cause revision following unipolar (HR = 2.15, 95% CI =



Fig. 2

Crude cumulative all-cause revision incidence following treatment for hip fracture by procedure. The shaded areas represent the 95% confidence intervals. The table along the x axis presents the number of patients still at risk at each year of follow-up. THA = total hip arthroplasty.

The Journal of Bone & Joint Surgery - JBJS.org Volume 106-A · Number 2 · January 17, 2024 UNIPOLAR/BIPOLAR HEMIARTHROPLASTY OR TOTAL HIP ARTHROPLASTY FOR HIP FRACTURE IN OLDER INDIVIDUALS

	Crude 5-Year Incidence of All-Cause Revision† (no. [%])	Adjusted HR† (95% CI)	P Value§
- Age 60-79 yr (n = 5,525)			
Unipolar hemiarthroplasty	130 (5.8)	2.17 (1.42-3.34)	0.004
Bipolar hemiarthroplasty	75 (4.2)	1.69 (1.08-2.65)	0.022
THA	29 (3.4)	Ref.	_
Age ≥80 yr (n = 8,752)			
Unipolar hemiarthroplasty	145 (3.2)	1.26 (0.55-2.90)	0.58
Bipolar hemiarthroplasty	98 (3.1)	1.27 (0.55-2.94)	0.57
THA	5 (3.0)	Ref.	_
ASA classification I or II (n = $4,379$)			
Unipolar hemiarthroplasty	93 (5.3)	3.52 (1.87-6.64)	<0.001
Bipolar hemiarthroplasty	45 (3.4)	2.31 (1.19-4.49)	0.013
ТНА	12 (2.2)	Ref.	_
ASA classification III (n = 9,898)			
Unipolar hemiarthroplasty	182 (3.6)	1.46 (0.93-2.31)	0.10
Bipolar hemiarthroplasty	128 (3.6)	1.51 (0.95-2.39)	0.084
THA	22 (4.9)	Ref.	_

*ASA = American Society of Anesthesiologists, HR = hazard ratio, CI = confidence interval, THA = total hip arthroplasty. +Calculated as the crude incidence at 5-year follow-up using the Aalen-Johansen estimate. +Cox proportional hazard regression model adjusted for age, gender, BMI, race/ ethnicity, deficiency anemias, fluid and electrolyte disorders, peptic ulcer disease/bleeding, valvular disease, anesthesia, and cement fixation, and including a random intercept for operating surgeon. SP < 0.05 indicates significance (in bold).

1.48 to 3.12) and bipolar (HR = 1.92, 95% CI = 1.31 to 2.80) hemiarthroplasty compared with THA (Table II). There was no difference in all-cause revision risk between unipolar and bipolar hemiarthroplasty in the overall sample (crude 5-year incidence, 4.0% versus 3.5%; HR = 1.12, 95% CI = 0.93 to 1.36; p = 0.24). The crude cumulative incidence of revision for the entire cohort is presented in Figure 2. The mean (and SD) times to revision in years were 1.0 ± 1.8 for THA, 1.2 ± 1.9 for bipolar hemiarthroplasty, and 1.2 ± 1.8 for unipolar hemiarthroplasty.

Effect Modification by Age

In the age-stratified multivariable analysis, patients aged 60 to 79 years had higher all-cause revision risks after unipolar (HR = 2.17, 95% CI = 1.42 to 3.34) and bipolar (HR = 1.69, 95% CI = 1.08 to 2.65) hemiarthroplasty than after THA (Table III). In this age group, there was a trend toward higher all-cause revision risk for unipolar compared with bipolar hemiarthroplasty (crude 5-year incidence, 5.8% versus 4.2%; HR = 1.29, 95% CI = 0.97 to 1.71; p = 0.08). The mean times to revision in years in this age group were 0.8 ± 1.2 for THA, 1.4 ± 2.1 for bipolar hemiarthroplasty, and 1.4 ± 2.0 for unipolar hemiarthroplasty.

For patients aged \geq 80 years, the all-cause revision risk did not differ between hemiarthroplasty (either form) and THA (Table III) or between unipolar and bipolar hemiarthroplasty (crude 5-year incidence, 3.2% versus 3.1%; HR = 0.99, 95% CI = 0.76 to 1.28; p = 0.96). The mean times to revision in years in this age group were 1.8 ± 3.5 for THA, 1.0 ± 1.6 for bipolar hemiarthroplasty, and 0.9 ± 1.5 for unipolar hemiarthroplasty. Figure 3 presents the cumulative revision incidence stratified by age (60 to 79 versus \geq 80 years).

Effect Modification by ASA Classification

In the multivariable analysis of patients with ASA I or II, unipolar (HR = 3.52, 95% CI = 1.87 to 6.64) and bipolar (HR = 2.31, 95% CI = 1.19 to 4.49) hemiarthroplasty had higher revision risks than THA (Table III). In this group, unipolar also had a higher revision rate than bipolar hemiarthroplasty (crude 5-year incidence, 5.3% versus 3.4%; HR = 1.52, 95% CI = 1.07 to 2.16; p = 0.018). The mean times to revision in years in this group were 1.1 \pm 1.7 for THA, 1.9 \pm 2.2 for bipolar hemiarthroplasty, and 1.6 \pm 1.9 for unipolar hemiarthroplasty.

For patients with ASA III, we observed no difference in revision risk between hemiarthroplasty and THA (Table III) or between unipolar and bipolar hemiarthroplasty (crude 5-year incidence, 3.6% versus 3.6%; HR = 0.97; 95% CI = 0.77 to 1.22; p = 0.81). The mean times to revision in years in this group were 1.0 ± 1.9 for THA, 0.9 ± 1.7 for bipolar hemiarthroplasty, and 0.9 ± 1.7 for unipolar hemiarthroplasty.

Figure 4 presents the cumulative revision incidence during follow-up stratified by ASA category (I or II versus III).

Discussion

In this study of 14,277 older patients treated with unipolar hemiarthroplasty, bipolar hemiarthroplasty, or THA in a large U.S. integrated health-care system, the relative performance of these 3 treatment options varied based on patient



The Journal of Bone & Joint Surgery · JBJS.org Volume 106-A · Number 2 · January 17, 2024 UNIPOLAR/BIPOLAR HEMIARTHROPLASTY OR TOTAL HIP ARTHROPLASTY FOR HIP FRACTURE IN OLDER INDIVIDUALS

Crude cumulative all-cause revision incidence following treatment for hip fracture by procedure and stratified by age. The table along the x axis presents the number of patients still at risk at each year of follow-up. THA = total hip arthroplasty.

characteristics. For patients who had an age of 60 to 79 years or an ASA classification of I or II, THA had a lower rate of all-cause revision compared with both forms of hemiarthroplasty. Bipolar hemiarthroplasty had a lower risk of all-cause revision than unipolar hemiarthroplasty in patients with an ASA classification of I or II and trended toward a lower rate of all-cause revision among patients aged 60 to 79 years (p = 0.08). However, there were no differences among the 3 forms of arthroplasty for patients who were aged 80 years and above or had an ASA classification of III at the time of their hip fracture.

The overall revision rates observed in our study were similar to those reported in the literature. Specifically, the 5-year risk of revision following hemiarthroplasty (3.5% to 4%) was similar to that reported by the Australian Orthopaedic Association National Joint Replacement Registry (4% to 5%)³. Similarly, the 5-year revision risk following THA (3.3%) falls within the range of $2\%^{33}$ to $5\%^{34}$ reported for THA following femoral neck fracture.

Prior studies have sought to determine the optimal form of arthroplasty for the treatment of displaced femoral neck

fractures in older patients. Some retrospective studies found THA to be superior to hemiarthroplasty¹¹ whereas others did not detect any differences¹⁹ and still others have suggested that THA could be associated with a higher complication rate¹³⁻¹⁷. In a meta-analysis of 13 randomized clinical trials published between 1986 and 2018, THA was associated with improved outcomes, including a lower reoperation rate at an average of 5.3 years postoperatively¹². However, the HEALTH (Hip Fracture Evaluation with Alternatives of Total Hip Arthroplasty versus Hemi-Arthroplasty) investigators conducted a multicenter randomized clinical trial involving 1,495 patients at 80 sites in 10 countries and found no difference in the rate of secondary procedures between hemiarthroplasty and THA at 2 years². Possible reasons for the differing results observed in the HEALTH study include the shorter duration of follow-up (none beyond 2 years), the inclusion of closed reductions for dislocation in the composite "secondary procedures" outcome measure (which accounted for 29 of 57 secondary procedures in the THA group), and the lack of effect modification by patient characteristics³⁵.



126

The Journal of Bone & Joint Surgery • JBJS.org Volume 106-A • Number 2 • January 17, 2024 UNIPOLAR/BIPOLAR HEMIARTHROPLASTY OR TOTAL HIP ARTHROPLASTY FOR HIP FRACTURE IN OLDER INDIVIDUALS

Crude cumulative all-cause revision incidence following treatment for hip fracture by procedure and stratified by ASA classification. The table along the x axis presents the number of patients still at risk at each year of follow-up. THA = total hip arthroplasty.

There is likely no single best arthroplasty procedure for the treatment of displaced femoral neck fractures in the older population. Instead, the optimal form of arthroplasty likely varies depending on patient characteristics. While THA is generally preferred for patients who are "younger," "healthier," and "more active," guidelines stipulating the conditions under which each form of arthroplasty might be preferable are lacking. As a result, practice patterns currently vary widely among surgeons^{22,23}. For example, one study found that over half of the variation in THA usage was due to the treating surgeon, with an additional 18% due to the institution where the patient received the surgery²³.

In our study, THA was associated with a lower risk of allcause revision among patients aged 60 to 79 years but there was no significant difference among those aged \geq 80 years. These findings are consistent with prior studies³⁶. In a recent meta-analysis of randomized controlled trials, for example, THA was associated with a higher Harris hip score among patients aged <80 years but not among those aged >80 years (although there were no differences in reoperation rates between the 2 age groups)¹². In our study, THA was also associated with a lower risk of all-cause revision among patients with ASA classification I or II but not among those with ASA III. (Patients with ASA IV or higher were excluded from this study as nearly all of those patients received hemiarthroplasty, with few receiving THA.) We are not aware of prior research assessing for effect modification by ASA classification. However, the idea that patients with ASA I or II could derive greater benefit from THA is certainly plausible given that a lower ASA classification is a marker of longer life expectancy and higher functional status.

Among patients with ASA I or II, we found a survivorship advantage for bipolar compared with unipolar hemiarthroplasty. There was also a trend toward a lower revision rate for bipolar hemiarthroplasty in the 60 to 79-year age group, although the difference did not reach significance (p = 0.08). These results parallel those from other settings, including registries^{3,9} and prospective trials^{5,6}. Given that bipolar devices tend not to differ greatly in cost relative to their unipolar counterparts³⁷, they may be preferable in cases where hemiarthroplasty is indicated.

Downloaded from http://journals.lww.com/jbjsjournal by UqJOa3ZrsprKRgDm7EhR0Zel3dgk8sle7N8OFleanYq9w Fhme6H3EVmA4yYZFKKvD5SCJBw3Z4I01VGpJnEB862YZEb84Ex3DNrsnVO06K1YZfvq7kZL04lknaVZu6IPi0Hgubfta+c= on 0 1/21/2024

THE JOURNAL OF BONE & JOINT	Surgery • Ji	BJS.ORG
VOLUME 106-A · NUMBER 2 ·	JANUARY 1	7,2024

UNIPOLAR/BIPOLAR HEMIARTHROPLASTY OR TOTAL HIP ARTHROPLASTY FOR HIP FRACTURE IN OLDER INDIVIDUALS

Our study benefits from the data source: a large registry that captures all hip fracture procedures performed within an integrated health-care system and longitudinally monitors outcomes using validated surveillance screening algorithms. The cohort included 14,277 procedures performed by 533 surgeons at 35 hospitals, which increases generalizability. The study also focused on patients for whom all 3 surgical procedures were plausible while excluding, for example, patients with an ASA classification of IV, who would clearly benefit from the expediency of hemiarthroplasty.

Our study also has limitations. While our primary outcome measure was revision surgery, other outcomes of clinical relevance (such as patient-reported outcome measures, radiographic findings, and complications not requiring surgical intervention) were not evaluated due to the limitations of the data set. Specifically, our study did not consider dislocation treated with closed reduction alone, which occurs more frequently following THA than after hemiarthroplasty and has been associated with worse outcomes compared with those in patients without dislocation after THA³⁸. In addition, revision surgery could be influenced by surgeon decision-making, with the options for addressing a symptomatic hemiarthroplasty device (i.e., conversion to THA) potentially being more straightforward than the options for addressing a symptomatic THA. Also, although our statistical analysis attempted to address confounding, there is still the potential for residual confounding due to unmeasured factors. While our study considered chronologic age, it is likely that physiologic age may be more relevant and this was only indirectly assessed via the ASA classification system, which has been found to have moderate interrater reliability³⁹. Although the study cohort included over 14,000 procedures, only 1,211 were THAs, which limited our ability to stratify by other patient characteristics. In addition, our study did not consider dual mobility THA (which could be associated with a lower revision rate due to the reduced risk of dislocation) or surgical approach (which has also been shown to affect revision rates⁴⁰). Finally, the findings of this observational study represent association, and not necessarily causality.

Conclusions

In this study of older patients treated for hip fracture, THA was associated with fewer revisions compared with unipolar and bipolar hemiarthroplasty among patients with an age of 60 to 79 years or an ASA classification of I or II. In contrast, we did not observe any significant differences between THA and hemiarthroplasty (or between bipolar and unipolar hemiarthroplasty) among patients who were aged 80 years or above or in those who had an ASA classification of III. However, the final choice of procedure in this patient population should be individualized based on the specific characteristics of each patient.

Appendix

eA Supporting material provided by the authors is posted with the online version of this article as a data supplement at jbjs.org (http://links.lww.com/JBJS/H770).

Note: The authors gratefully acknowledge the Kaiser Permanente surgeons who contribute to the Kaiser Permanente Hip Fracture Registry, as well as the Surgical Outcomes and Analysis Department staff who coordinate Registry operations.

Kanu Okike, MD, MPH¹ Heather A. Prentice, PhD² Priscilla H. Chan, MS² Brian H. Fasig, PhD² Elizabeth W. Paxton, PhD² Joseph Bernstein, MD, MS³ Jaimo Ahn, MD, PhD⁴ Foster Chen, MD⁵

¹Department of Orthopaedic Surgery, Hawaii Permanente Medical Group, Honolulu, Hawaii

²Medical Device Surveillance and Assessment, Kaiser Permanente, San Diego, California

³Department of Orthopaedic Surgery, Philadelphia Veterans Hospital, Philadelphia, Pennsylvania

⁴Department of Orthopaedic Surgery, University of Michigan, Ann Arbor, Michigan

⁵Department of Orthopaedic Surgery, Washington Permanente Medical Group P.C., Seattle, Washington

Email for corresponding author: okike@post.harvard.edu

References

1. American Academy of Orthopaedic Surgeons. Management of hip fractures in the elderly: Evidence-based clinical practice guideline. American Academy of Orthopaedic Surgeons; 2014.

5. Hedbeck CJ, Blomfeldt R, Lapidus G, Törnkvist H, Ponzer S, Tidermark J. Unipolar hemiarthroplasty versus bipolar hemiarthroplasty in the most elderly patients with displaced femoral neck fractures: a randomised, controlled trial. Int Orthop. 2011 Nov;35(11):1703-11.

Inngul C, Hedbeck CJ, Blomfeldt R, Lapidus G, Ponzer S, Enocson A. Unipolar hemiarthroplasty versus bipolar hemiarthroplasty in patients with displaced femoral neck fractures: a fouryear followup of a randomised controlled trial. Int Orthop. 2013 Dec;37(12):2457-64.
 Yang B, Lin X, Yin XM, Wen XZ. Bipolar versus unipolar hemiarthroplasty for displaced femoral neck fractures in the elder patient: a systematic review and meta-analysis of randomized trials. Eur J Orthop Surg Traumatol. Apr 2015;25(3):425-33.
 Filippo M, Driessen A, Colarossi G, Quack V, Tingart M, Eschweiler J. Bipolar versus monopolar hemiarthroplasty for displaced femora neck fractures: a meta-analysis study. Eur J Orthop Surg Traumatol. Apr 2020;30(3):401-10.
 Okike K, Royse KE, Singh G, Zeltser DW, Prentice HA, Paxton EW. Risk of aseptic

revision and periprosthetic fracture following bipolar versus unipolar hemiarthroplasty. JB JS Open Access. 2023 Jun 20;8(2):e23.00009.

^{2.} Bhandari M, Einhorn TA, Guyatt G, Schemitsch EH, Zura RD, Sprague S, Frihagen F, Guerra-Farfan E, Kleinlugtenbelt YV, Poolman RW, Rangan A, Bzovsky S, Heels-Ansdell D, Thabane L, Walter SD, Devereaux PJ; HEALTH Investigators. Total hip arthroplasty or hemiarthroplasty for hip fracture. N Engl J Med. 2019 Dec 5;381(23): 2199-208.

^{3.} Farey JE, Cuthbert AR, Adie S, Harris IA. Revision Risk After Unipolar or Bipolar Hemiarthroplasty for Femoral Neck Fractures: An Instrumental Variable Analysis of 62,875 Procedures from the Australian Orthopaedic Association National Joint Replacement Registry. J Bone Joint Surg Am. 2021 Feb 3;103(3): 195-204.

^{4.} Moon NH, Shin WC, Do MU, Kang SW, Lee SM, Suh KT. High conversion rate to total hip arthroplasty after hemiarthroplasty in young patients with a minimum 10 years follow-up. BMC Musculoskelet Disord. 2021 Mar 12;22(1):273.

10. Leonardsson O, Kärrholm J, Åkesson K, Garellick G, Rogmark C. Higher risk of reoperation for bipolar and uncemented hemiarthroplasty. Acta Orthop. 2012 Oct; 83(5):459-66.

11. Hansson S, Nemes S, Kärrholm J, Rogmark C. Reduced risk of reoperation after treatment of femoral neck fractures with total hip arthroplasty. Acta Orthop. 2017 Oct;88(5):500-4.

12. Lewis DP, Wæver D, Thorninger R, Donnelly WJ. Hemiarthroplasty vs Total Hip Arthroplasty for the Management of Displaced Neck of Femur Fractures: A Systematic Review and Meta-Analysis. J Arthroplasty. 2019 Aug;34(8):1837-1843.e2.

13. Hansson S, Bülow E, Garland A, Kärrholm J, Rogmark C. More hip complications after total hip arthroplasty than after hemi-arthroplasty as hip fracture treatment: analysis of 5,815 matched pairs in the Swedish Hip Arthroplasty Register. Acta Orthop. 2020 Apr;91(2):133-8.

14. Jameson SS, Lees D, James P, Johnson A, Nachtsheim C, McVie JL, Rangan A, Muller SD, Reed MR. Cemented hemiarthroplasty or hip replacement for intracapsular neck of femur fracture? A comparison of 7732 matched patients using national data. Injury. 2013 Dec;44(12):1940-4.

15. Moerman S, Mathijssen NMC, Tuinebreijer WE, Vochteloo AJH, Nelissen RGHH. Hemiarthroplasty and total hip arthroplasty in 30,830 patients with hip fractures: data from the Dutch Arthroplasty Register on revision and risk factors for revision. Acta Orthop. 2018 Oct;89(5):509-14.

16. Liodakis E, Antoniou J, Zukor DJ, Huk OL, Epure LM, Bergeron SG. Major Complications and Transfusion Rates After Hemiarthroplasty and Total Hip Arthroplasty for Femoral Neck Fractures. J Arthroplasty. 2016 Sep;31(9):2008-12.

17. Wang Z, Bhattacharyya T. Outcomes of Hemiarthroplasty and Total Hip Arthroplasty for Femoral Neck Fracture: A Medicare Cohort Study. J Orthop Trauma. 2017 May;31(5):260-3.

18. Ekhtiari S, Gormley J, Axelrod DE, Devji T, Bhandari M, Guyatt GH. Total Hip Arthroplasty Versus Hemiarthroplasty for Displaced Femoral Neck Fracture: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. J Bone Joint Surg Am. 2020 Sep 16;102(18):1638-45.

19. Farey JE, Cuthbert AR, Adie S, Harris IA. Bipolar Hemiarthroplasty Does Not Result in a Higher Risk of Revision Compared with Total Hip Arthroplasty for Displaced Femoral Neck Fractures: An Instrumental Variable Analysis of 36,118 Procedures from the Australian Orthopaedic Association National Joint Replacement Registry. J Bone Joint Surg Am. 2022 May 18;104(10):919-27.

20. American Academy of Orthopaedic Surgeons. Management of hip fractures in older adults: Evidence-based clinical practice guideline. American Academy of Orthopaedic Surgeons; 2021.

21. National Institute for Health and Care Excellence. Hip fracture: manage-

ment.Accessed Accessed 2023 Jun 20. https://www.nice.org.uk/guidance/cg124 22. Harris IA, Cuthbert A, de Steiger R, Lewis P, Graves SE. Practice variation in total hip arthroplasty versus hemiarthroplasty for treatment of fractured neck of femur in Australia. Bone Joint J. 2019 Jan;101-B(1):92-5.

23. Tohidi M, Mann SM, Groome PA. Total hip arthroplasty versus hemiarthroplasty for treatment of femoral neck fractures: a population-based analysis of practice variation in Ontario, Canada. Bone Joint J. 2023 Feb;105-B(2):180-9.

24. Kaiser Permanente. Fast facts: Kaiser Permanente.Accessed Accessed 2023 Mar 23. https://about.kaiserpermanente.org/who-we-are/fast-facts

25. Karter AJ, Ferrara A, Liu JY, Moffet HH, Ackerson LM, Selby JV. Ethnic disparities in diabetic complications in an insured population. JAMA. 2002 May 15;287(19): 2519-27.

UNIPOLAR/BIPOLAR HEMIARTHROPLASTY OR TOTAL HIP ARTHROPLASTY FOR HIP FRACTURE IN OLDER INDIVIDUALS

26. Koebnick C, Langer-Gould AM, Gould MK, Chao CR, Iyer RL, Smith N, Chen W, Jacobsen SJ. Sociodemographic characteristics of members of a large, integrated health care system: comparison with US Census Bureau data. Perm J. 2012 Summer;16(3):37-41.

27. Davis AC, Voelkel JL, Remmers CL, Adams JL, McGlynn EA. Comparing Kaiser Permanente Members to the General Population: Implications for Generalizability of Research. Perm J. 2023 Jun 15;27(2):87-98.

28. Paxton EW, Kiley ML, Love R, Barber TC, Funahashi TT, Inacio MC. Kaiser Permanente implant registries benefit patient safety, quality improvement, cost-effectiveness. Jt Comm J Qual Patient Saf. 2013 Jun;39(6):246-52.

29. Inacio MC, Weiss JM, Miric A, Hunt JJ, Zohman GL, Paxton EW. A Community-Based Hip Fracture Registry: Population, Methods, and Outcomes. Perm J. 2015 Summer;19(3):29-36.

30. Okike K, Chan PH, Paxton EW. Effect of Surgeon and Hospital Volume on Morbidity and Mortality After Hip Fracture. J Bone Joint Surg Am. 2017 Sep 20;99(18): 1547-53.

31. Elixhauser A, Steiner C, Harris DR, Coffey RM. Comorbidity measures for use with administrative data. Med Care. 1998 Jan;36(1):8-27.

32. Quan H, Sundararajan V, Halfon P, Fong A, Burnand B, Luthi JC, Saunders LD, Beck CA, Feasby TE, Ghali WA. Coding algorithms for defining comorbidities in ICD-9-CM and ICD-10 administrative data. Med Care. 2005 Nov;43(11): 1130-9.

33. Stafford GH, Charman SC, Borroff MJ, Newell C, Tucker JK. Total hip replacement for the treatment of acute femoral neck fractures: results from the National Joint Registry of England and Wales at 3-5 years after surgery. Ann R Coll Surg Engl. 2012 Apr;94(3):193-8.

34. Verhaegen JCF, Bourget-Murray J, Morris J, Horton I, Papp S, Grammatopoulos G; Ottawa Arthroplasty Group. Is Outcome of Total Hip Arthroplasty for Hip Fracture Inferior to That of Arthritis in a Contemporary Arthroplasty Practice? J Arthroplasty. 2023 Jul;38(7)(Suppl 2):S276-83.

35. Okike K. Which Form of Hip Arthroplasty Is Preferred?: Commentary on an article by Seper Ekhtiari, MD, et al.: "Total Hip Arthroplasty Versus Hemiarthroplasty for Displaced Femoral Neck Fracture. A Systematic Review and Meta-Analysis of Randomized Controlled Trials". J Bone Joint Surg Am. 2020 Sep 16; 102(18):e108.

36. Chammout G, Kelly-Pettersson P, Hedbeck CJ, Stark A, Mukka S, Sköldenberg O. HOPE-Trial: Hemiarthroplasty Compared with Total Hip Arthroplasty for Displaced Femoral Neck Fractures in Octogenarians: A Randomized Controlled Trial. JB JS Open Access. 2019 May 1:4(2):e0059.

37. Orthopedic Network News. 2021 Hip and Knee Implant Review. Orthopedic Network News. 2021;32(3):12.

38. Enocson A, Pettersson H, Ponzer S, Törnkvist H, Dalén N, Tidermark J. Quality of life after dislocation of hip arthroplasty: a prospective cohort study on 319 patients with femoral neck fractures with a one-year follow-up. Qual Life Res. 2009 Nov;18(9): 1177-84.

39. Sankar A, Johnson SR, Beattie WS, Tait G, Wijeysundera DN. Reliability of the American Society of Anesthesiologists physical status scale in clinical practice. Br J Anaesth. 2014 Sep;113(3):424-32.

40. Jobory A, Kärrholm J, Hansson S, Åkesson K, Rogmark C. Dislocation of hemiarthroplasty after hip fracture is common and the risk is increased with posterior approach: result from a national cohort of 25,678 individuals in the Swedish Hip Arthroplasty Register. Acta Orthop. 2021 Aug;92(4):413-8.